

## Intimate Care Policy February 2019

**Reviewed by:** Anne Patel  
**Reviewed on:** February 2019  
**Next review:** February 2020

### Endorsement

Full endorsement is given to this policy by:

**Name:** Joel Chalfen  
**Position:** Cambridge Steiner School Trustee

**Signed:** 

**Date:** February 2019

### Legislation / guidance that informs this document

Safeguarding guidance for intimate care  
Early years foundation stage

### Other Cambridge Steiner School policies that should be read in conjunction with this one

Safeguarding and child protection policy

### Statement of Intent

The Cambridge Steiner School Kindergarten groups work with 12 – 21 children between 2 and 6 years.

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained. In the bathrooms we have prepared the shelves for nappies, buckets, gloves, aprons and clean towels or paper towels as needed.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Intimate care encompasses areas of personal care, such as nappy/pads changing, washing, dressing and eating.

### Values that underpin the Cambridge Steiner School intimate care plan

- **Cooperation** – carers are providing a warm and supportive atmosphere that is not rushed, where an interaction with the child is nourished. Once the young child is able to, we encourage co-operation, hence the young child can stand up while getting cleaned.
- **Worth** - all students should be treated as of equal value whatever their gender, race, ability, background or other characteristics

- **Individuality** – each child has a right to learn and develop in a way that best suits the child and their family. Children can use nappies, pull ups, cotton nappies or are potty trained. Each young child has her/his own nappies and wipes on the shelf, ready to be used.

**The key worker takes the responsibility to prepare the environment and activity for the intimate care:**

- In the Bathroom  
Key persons take responsibility for changing times for the young children in their care who are in nappies and document it.
- Key persons will take under 3-year-old children in a 1-3 ratio. There is a back up key persons to change them if the key person is absent.
- Gloves and aprons are provided to put on before changing starts and areas are prepared. A paper towel is put down on the changing mat freshly for each child but a flexible attitude is used as we recognise the value of respectful touch for the young child.
- All staff are familiar with hygiene procedures and carry these out when changing nappies;
- In addition, key persons ensure that nappy changing is relaxed and a time to respectfully promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- Children are encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents' and they instead pro-actively use it as a time for helping create positive and respectful relationships.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies or touch them unnecessarily.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull-ups' are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
- NB if young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a duty of care towards children's personal needs.
- Prompt child during the morning to try to go to the potty or toilet.
- The same routine supports the child's learning and emotional safety: child will go to toilet, wash hands with soap and use the personal hand towel. Similarly, when getting dressed for the garden it is the same routine every day: waterproof trousers, jacket, hat and wellies near the door.

<b>Area/Room/Class:</b>	<b>Buttercups Kindergarten – Intimate Care Rota</b>
<b>Week Beginning:</b>	2019

Children	Self care	Monday	Tuesday	Wednesday	Thursday	Initials
<i>name</i>	<i>am noon no nappies</i>					
<i>name</i>	<i>am noon Nappy change</i>					
<i>name</i>	<i>am noon Nappy change</i>					
<i>name</i>	<i>am noon no nappies</i>					
<i>name</i>	<i>am noon notes</i>					
<i>name</i>	<i>am noon notes</i>					
<i>name</i>	<i>am noon notes</i>					
<i>name</i>	<i>am noon notes</i>					
<i>name</i>	<i>am noon notes</i>					
<i>name</i>	<i>am noon notes</i>					
<i>name</i>	<i>am noon notes</i>					