

20 November 2020

## Newsletter Number 9



Dear Parents/Carers,

During the Prelude workshop this week Kindergarten Course Leader Jill Taplin spoke about how as winter sets in, the natural world tends towards sleep, there's a dying back, a going underground, less outwardly activity, whilst human beings at this time of year *are* active. It's a good time of year for us to think about things, to focus our attention, and 'stay awake'. This is certainly the sense we have across the school right now, with the children deeply engaged in their learning and various activities, and in the community too, there is plenty going on with the formation of the PTA, preparations for the Advent Bazaar, the work of our Diversity and Inclusion Group and also the development group focusing on the school's outdoor spaces (to name a few!) - we are so thankful for the ongoing support and involvement of our parent body in these areas. Thank you so much.

Have a good weekend!

Warm wishes

Sarah Fox

### Dates for the Diary

**Monday 30th November** - INSET day - No school for all children

**3rd December & 16th December** - next Diversity and Inclusion Meetings

**17th December (Kindergarten) and 18th December (Lower School)** - Last day of term

**19th December** - Online Community Auction

**Monday 11th January 2021** - Spring Term starts for all (INSET for staff on Friday 8th January)

Term Dates for 2020-2021 can be found on the [school website](#).

*Christmas Cards*  
*Diversity and Inclusion*  
*Online Community Auction*  
*Lost Property*  
*Headlice*  
*Covid-19 Reminder*  
*Class 7 Project - MAGPAS*  
*Urgent: Accommodation needed*  
*EY Course for Parents and Assistants*  
*Free 90-minute pregnancy yoga class*  
*Science of Magic - Crystal Stall*  
*Other reminders/general information*

## Whole School Messages



*A big thanks you from class 7/8 to everyone who generously donated to Cambridge City Foodbank!*

### **Christmas Cards - order and return before Thursday 26th November**

Little bundles of lovely pictures will be coming home to you with your children over the next few days with special codes so that you can order cards, wrapping paper, gift tags and other items etc made from your child's picture. This is an opportunity to ensure you do get some goodies this year without the live Advent Fair, and to ensure we are still able to raise vital funds for the school. Please order asap, the deadline for ordering is Thursday 26 November, and PLEASE NOTE original pictures also need to be RETURNED TO YOUR CLASS TEACHER by the same date Thursday 26th November.

If you have any questions please do not hesitate to contact me  
[rebecca.mitchell@cambridge-steiner-school.co.uk](mailto:rebecca.mitchell@cambridge-steiner-school.co.uk) Thank you very much.

### **Diversity and Inclusion**

A parent and staff body have been meeting fortnightly on zoom since March to discuss the role our school plays in being actively anti-discriminatory, anti-racist and inclusive. We are currently developing a robust anti-racism policy and have been feeding into work around the decolonialisation of the curriculum. We would love to hear more voices in our discussions and you are warmly invited to attend. The next sessions are on: Thursday 3rd December and Wednesday 16th December at 20:00-21:30

Please email [anne.patel@cambridge-steiner-school.co.uk](mailto:anne.patel@cambridge-steiner-school.co.uk) to register your interest.

### **CSS PTA - Online Community Auction - 19th December**

On the 19th of December the PTA will host its first fund raising event- an online Community Auction. Our community is rich with a diversity of skills and knowledge. We all have something to share and we are all so keen to learn from each other. Over the next few

weeks we are calling on you to offer up a skill- something from the hands, head or heart - to be auctioned off.

A fishing trip. A chess tutorial for a child. A beer brewing day. Story telling. A massage. A hand felted animal. A language lesson. Bike servicing skills. Knitting lesson. Yoga session. Crochet blanket. **No offering is too big or small!** Deadline of the 13th of December.

Please send your offerings to:

yazminforeman@gmail.com

clara.panozzo@gmail.com

Or pop a note in the 'offerings box' located by the school car park gate from Monday.

This will be a great, fun date for the diary!

Details of Auction to be sent out soon.

### Lost Property

We have a growing pile of lost property gathering at school. If your child has misplaced something, please contact reception (copying in your class teacher) so we can help to reunite items with owners! Thank you.

### Headlice

Please note that we have a case of headlice in school. Please check your children's hair regularly, keep long hair tied back and take further necessary precautions to help prevent transmission. Information can be found via the link below.

<https://www.gov.uk/guidance/head-lice-pediculosis>

### Covid-19 Reminder

Please inform the school if you or your child has any of the main symptoms of coronavirus (COVID-19). You are advised to get a test as soon as possible and stay at home until you get the result.

The main symptoms of coronavirus are:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

### Contributions to the Newsletter

If there are things you would like to contribute to the school newsletter, please contact reception: [reception@cambridge-steiner-school.co.uk](mailto:reception@cambridge-steiner-school.co.uk)

## Community Messages

### NEW: Matteo's Class 7 Project - Support MAGPAS Air Ambulance

Please read this short notice carefully!

Hello dear reader,

I am Matteo Botti and as part of my class 7 school project I have chosen to raise £500 for Magpas Air Ambulance by summer 2021. I am gathering donations for a Christmas hamper that I will auction off and 100% of the money will go to Magpas. If you would like to donate or to know more about my project or Magpas, please email my teacher at:

[jody@cambridge-steiner-school.co.uk](mailto:jody@cambridge-steiner-school.co.uk).



Hamper donations could include:

Handmade gifts

Long-life cake

Long lasting cheese (that does not need to be kept in the fridge)

Gifts

There will be a hamper donation box outside of the school at pick up and drop off. Thank you, Matteo

### NEW: Urgent need for accommodation from December 2020 till May 2021

Hello there. My name is Eylem Elvan. I am from Turkey and 22 years old. I have just graduated with a degree in Early childhood education. I am very happy to be able to do an internship in the kindergartens at Cambridge Steiner School from the 16th of November till the 16th May 2021. At the moment I am with Beate's family to quarantine myself. I am already doing all the training necessary. It will be a new experience for me to be in a different country. I really enjoy different cultures, I am a hardworking, happy, and reliable person. I am looking for a room to rent from mid-November till the end of May. Ideally, I like to be with a family with younger children and I can also help with childcare. I am looking for accommodation in cycling distance, preferably in Fulbourn or Cherry Hinton. I would be very grateful for your help. Please contact Beate or me via email. I am also happy to do a Zoom call if you like to find out more about myself. Thank you very much! Eylem

Eylem: [eeelvan.20@gmail.com](mailto:eeelvan.20@gmail.com)

Beate: [beate.guertler-green@cambridge-steiner-school.co.uk](mailto:beate.guertler-green@cambridge-steiner-school.co.uk)

### NEW: FREE 90 MIN PREGNANCY YOGA CLASS

Hi, My name is Marta Gandini and I am a Pregnancy Yoga Specialist (Birthlight). I empower women to live their pregnancy with joy, ease and I help them using yoga practices such as meditation, relaxation, breathing, stretching and more. I'm doing some market research on what pregnant women need and feel. If you could help me by filling in this [survey](#) in return I'll offer you a FREE 90 min PREGNANCY YOGA CLASS.

Classes are held on Saturday at 10.30 am online. If interested, you can either drop in or book a 6 weeks block.

For more info please contact me on [marta@joyfulbabies.co.uk](mailto:marta@joyfulbabies.co.uk) or visit [joyfulbabies.co.uk](http://joyfulbabies.co.uk)

THANK YOU SO MUCH.

Love,

Marta (tel num 07552857139)

### NEW: Science of Magic - Crystal Stall



### Other Reminders/ Links

#### Reminder: Early years online course for parents and assistants - Joy de Berker

**Nurturing A Young Family in Challenging Times - A Waldorf Approach:** six fortnightly Saturday morning sessions online covering important aspects of child development; play; seasonal festivals; creative discipline, storytelling; mealtimes; the 4 temperaments; care of the senses. **STARTING 16 JANUARY 2021 – for more info visit:**

<https://www.joydeberker.com>

#### Reminder: Godparents Trust - Children's Fund

The Children's Fund offers loans and grants for children's tuition fees to assist families in short term financial difficulties to keep their children in Steiner Waldorf education. Follow [LINK](#) for more information or contact Rebecca: [rebecca.mitchell@cambridge-steiner-school.co.uk](mailto:rebecca.mitchell@cambridge-steiner-school.co.uk)

#### Reminder: Pyrites - Practical Skills Teacher Development Course

The PSTDC is aimed at all teachers, craft tutors, parents & individuals wishing to bring new elements of practical 'experiential learning' to their work. More info:

<https://pyrites.org/courses/pstdc-courses/>

### Support Links

If you're worried about your **child's anxiety**, YoungMinds is a charity dedicated to children's mental health. They've opened a [parents' helpline](#) for confidential, expert advice. You can reach them at 0808 802 5544. They can also give advice on supporting children and young people through **grief and loss**, click [HERE](#) for more details. [Winston'sWish](#) and [HopeAgain](#) are two other organisations which can offer support. For younger children, a therapeutic story may help, Badger's Parting Gifts by Susan Varney, is a lovely example.

### Covid-19 Information and Links

We encourage you to keep up to date with the latest developments and continue to follow government guidelines. Useful links:

- <https://www.gov.uk/coronavirus>
- <https://www.gov.uk/guidance/new-national-restrictions-from-5-november>
- <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>
- NHS: [What parents need to know about COVID-19](#)

Please remember to inform reception if anyone in your household is displaying symptoms of COVID-19, and get tested (more info on testing [HERE](#)) – please let the school know immediately if your child tests positive for Coronavirus.

### Please keep in touch

*If you have any questions or concerns directly relating to your child, please do contact your class teacher in the first instance.*

Key contact information:

Admissions: Rebecca Mitchell – [admissions@cambridge-steiner-school.co.uk](mailto:admissions@cambridge-steiner-school.co.uk)

Fees and finances: Nilesch Jethwa – [finance@cambridge-steiner-school.co.uk](mailto:finance@cambridge-steiner-school.co.uk)

Safeguarding Lead – David van Marle – [david.vanmarle@cambridge-steiner-school.co.uk](mailto:david.vanmarle@cambridge-steiner-school.co.uk)

SENDCo – Charli Waller (Monday, Tuesday, Thursday) – [charlotte.waller@cambridge-steiner-school.co.uk](mailto:charlotte.waller@cambridge-steiner-school.co.uk)

Reception/Admin: Charlotte Burdett (Monday-Thursday) and Bridget Crabb (Monday, Thursday, Friday) [reception@cambridge-steiner-school.co.uk](mailto:reception@cambridge-steiner-school.co.uk)

Education Manager – Sarah Fox (Monday-Thursday) [sarah.fox@cambridge-steiner-school.co.uk](mailto:sarah.fox@cambridge-steiner-school.co.uk)