

Newsletter Number 21



Blossoms in the School Courtyard

Dear Parents/Carers,

Thank you so much for the supportive messages we have received and the various pictures and anecdotes of what you have been up to with your children. Please continue to keep in touch; it is great to stay connected and your feedback is so valuable.

Blessings,
Sarah Fox

Whole School Messages/Community Updates

NEW: Lockdown Blossoms – A Spring Collection

The school will be creating a book, which we will print and bind when we are all back together. Children across the school are being asked to make and share creative works.

The theme is SPRING. Work can include:

- Drawings
- Paintings
- Stories
- Poems
- Puzzles
- Flower pressings

- Descriptive observations of the changes they perceive as they go for their walks
- Comics
- Anything else they think of

Please upload any contributions the child wants to make to Google Classroom or email direct to: lockdownblossoms@cambridge-steiner-school.co.uk. Multiple entries welcome.

NEW: Evening Talks

In the coming weeks we plan to host some Evening Talks on various topics related to child development and the curriculum. More details to follow.

NEW: Recipes from the Kitchen

Simple recipes which you can enjoy making with your children - Recipe No. 1 attached.

NEW: Looking Back: Eurythmy Talk by Sara Hunt

“Eurythmy is an art of movement that engages the whole human being, integrating bodily movements with movements that arise in soul, thus creating a harmonious relationship between the soul-spiritual element and the body.”

Taken from Rawson and Richter - The Educational Tasks and Content of the SW Curriculum

Despite not having the opportunity to meet in person we still had a warm and open hearted meeting at which Sara Hunt, our Eurythmy teacher, addressed the theme of Eurythmy within the Waldorf Curriculum. We hope that we can follow this up in the future with a sharing of the children's work. For those who would like to listen, the link for the audio recording is attached [here](#).

NEW: Looking Back – SWSF Easter Conference – Roots and Renewal

This year's Steiner-Waldorf Teachers Easter Conference took place from 14- 17th April over Zoom. It was a new experience for us all, but it was amazing to see so many colleagues join from all parts of the UK and beyond. With spring in the air, the theme of Roots and Renewal was filled with inspiration and hope, even through these challenging times.

Every morning we started the day with Eurythmy, which felt a little odd over zoom to start with, but we soon eased in and found it was relaxing and fun. The conference organisers worked hard to bring us enriching experiences including creating Land Art in our gardens, learning new songs, exploring SEN and deepening our study of the modern child.

The conference reminded us that we are not alone, even through lockdown we can find ways to connect and support each other.

NEW: Supporting your child's wellbeing

We've put together some additional resources to help you support your child. Please just filter for what might be most helpful for your family. Document attached.

NEW: Bursary Applications for 2020-2021

Information about bursary applications for the next academic year will be circulated shortly.

NEW: Keeping children safe online:

Here are some additional links provided by our colleagues at Cambridgeshire County Council:

- [Internet matters](#) - for support for parents and carers to keep their children safe online
- [London Grid for Learning](#) - for support for parents and carers to keep their children safe online
- [Net-aware](#) - for support for parents and careers from the NSPCC
- [Parent info](#) - for support for parents and carers to keep their children safe online
- [Thinkuknow](#) - for advice from the National Crime Agency to stay safe online
- [UK Safer Internet Centre](#) - advice for parents and carers

Our IT specialist John Timperio has offered to help families set up parental controls for a small fee, please contact him directly to arrange this: john@cambridge-steiner-school.co.uk

Summer Term Fee Invoices

If your family's financial situation has been adversely affected by the COVID-19 pandemic and you feel you would like to discuss this in confidence with our school bursar, please contact the school (finance@cambridge-steinerschool.co.uk) as soon as possible. Thank you.

COVID-19

We encourage you to keep up to date with the latest developments and continue to follow government guidelines. Useful links:

- <https://www.gov.uk/coronavirus>
- <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>
- <https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers>

Easy Fundraising for Cambridge Steiner School

Did you know that whenever you buy anything online, you could be raising a free donation for Cambridge Steiner School? All you have to do is:

1. Click on this [LINK](#)
2. Click 'support this cause' and create an account
3. Choose from over 4,000 retailers to do your online shopping as normal and our cause will receive a free donation with every purchase you make.

Thank you for your support, you'll be helping to make a real difference to Cambridge Steiner School.

Other Reminders/ Links

NEW: Article 'Fed up of being cooped up in lockdown with the kids?' – [click here](#)

NEW: 5 Golden Keys, by Helle Heckmann: Sleep, Movement, Food, Rhythm and Love – here is a [link](#) to some parenting workshops by Helle Heckmann exploring these themes.

Floris Books blog: - <https://www.florisbooks.co.uk/blog/2020/03/24/resources-for-parents/>

Simplicity Parenting [HOME PAGE](#) and [PODCAST](#)

Stories for Children in Times of Trouble - [The Little Prince](#) installments

[Talking to Children about COVID 19](#)

Post pictures and stories to the residents at Home Close, Cow Lane, Fulbourn CB21 5HB

Contributions to the Newsletter

If there are things you would like to contribute to the school newsletter, please contact reception: reception@cambridge-steiner-school.co.uk

Please keep in touch

- General enquiries: reception@cambridge-steiner-school.co.uk
- Fees: finance@cambridge-steiner-school.co.uk
- Early Years: beate.guertler-green@cambridge-steiner-school.co.uk
- Lower School: sarah.fox@cambridge-steiner-school.co.uk

We found a robin nest in our school patio gardening rack.
Mamma is still around, don't worry!



*From you have I been absent in the spring,
When proud-pied April, dressed in all his trim,
Hath put a spirit of youth in everything,
That heavy Saturn laughed and leaped with him.
Yet nor the lays of birds, nor the sweet smell
Of different flowers in odour and in hue,
Could make me any summer's story tell,
Or from their proud lap pluck them where they grew:
Nor did I wonder at the lily's white,
Nor praise the deep vermilion in the rose;
They were but sweet, but figures of delight
Drawn after you, – you pattern of all those.
Yet seem'd it winter still, and, you away,
As with your shadow I with these did play.*

Sonnet 98

By William Shakespeare