

Weekly Bulletin – 12 November 2021



Children from across the school have been busy this week preparing their lanterns. Autumn can be a time to reflect, to seek out the inner light that will carry us through this time of darkness. It can be an opportunity to know ourselves more deeply and our lantern walks help us to acknowledge and celebrate the light that shines forth from each of us. We look forward to being able to celebrate this special festival, in the various forms it takes though the different classes, with parents this year.

Mindful Parenting and Rethinking Adolescence

Date: Thursday 9 December 2021

Time: 7-9pm

On Thursday 9 December, as part of the school's Early Adolescence Programme, we will be holding an evening talk on parenting pre-adolescents and adolescents. In December 2019 we launched the Raising Early Adolescents Series with the intention of offering guidance and support to parents of early adolescents

(and future parents of adolescents) as they journey with their children during these formative years. Adolescence starts around the age of 10 when children begin to undergo significant changes, physically, socially, emotionally and spiritually. As these changes can be challenging and sometimes stressful, preparation for these times for both parents and children is very important. It helps to know what to expect and how to support your child through these changes. On Thursday 9 December we will look into the physical and emotional development of adolescents. We will discuss some of the myths surrounding adolescence and learn different strategies for developing resilience in young people, including what we can do in practice to stay connected with them. During the evening there will be plenty of opportunities for discussion, questions and sharing experiences.

If you have any questions about the Early Adolescence Programme or the Raising Early Adolescents Series for parents, please feel free to e-mail Andor Vince at andor.vince@cambridge-steiner-school.co.uk.

Dates for the Diary

Friday 12 November – Lower School Lantern Festival

– 3:30-5:30pm at the Fulbourn Nature Reserve

Sunday 14 November 4-5pm – Rosebud and Elderflower KG Lantern Festival

Monday 22 November - Upper School Launch Event

see [poster](#) for more info – open to all

Saturday 27 November – Advent Fair

Monday 29 November – INSET – no school

Thursday 9 December – Mindful Parenting and Rethinking Adolescence

Thursday 16 December – last day of term (KG)

Friday 17 December – last day of term (LS)

[Term Dates for 2021-2022](#)

[Term Dates for 2022-2023](#)

Reminders:

Parent Survey - [LINK TO SURVEY](#) - the survey will close on Monday 15 November.

Parent Craft Group - see poster [HERE](#) for more details.

Advent Fair – sign-up sheet

This week everyone should have received a [letter](#) from the PTA with further information about our upcoming Advent Fair. The fair will be held on **Saturday 27 November 11am – 5pm**. It looks set to be a wonderful event for both the children and the adults in our community. Reminder – [LINK](#) to sign up sheet. We kindly ask that every family makes a contribution of one sweet and one savoury dish for the cafe, and sign up to at least one slot where help is needed in the school. Thank you!

Community Messages

Advent Block Printing Workshop with Eszter Ridovics, 28 of November from 10am-4 pm. See [flyer](#) for more info.

“Risky Play” Workshop with Clare Caro: Information for Early Year Parents - Clare Caro, the founder of Nature Play and the creator of the Pikler Collection website, will be delivering a workshop in Cambridge about "Risky Play" on Sunday 21 November. All information can be found on the link below <http://www.nature-play.co.uk/workshop.html>

Safeguarding Corner

This week we would like to share a [guide](#) from NSPCC to help parents and carers as they consider whether their child is ready to either stay at home or go out alone, and how to ensure they are well equipped to do so. As always, if there is anything you would like to discuss with the Safeguarding team, please contact: david.vanmarle@cambridge-steiner-school.co.uk