

CSS - Summary of Preventative Measures

1) Minimise contact with individuals who are unwell - those who have coronavirus (COVID-19) symptoms (staff or pupils), or who have someone in their household who does, do not attend school.

NHS: The main symptoms of coronavirus (COVID-19) are:

- *a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)*
- *a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)*
- *a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal*

If you have any of these symptoms, get a test to check if you have coronavirus and stay at home until you get your result. Please inform the school immediately if symptoms arise. If a child becomes unwell (displaying covid-19 symptoms) during the school day they will be taken to a designated safe space and parents will be contacted immediately.

2) Face Coverings - staff will be wearing face coverings when moving around the premises, outside of classrooms, such as in corridors and communal areas where social distancing cannot easily be maintained. If staff of younger classes wish to wear face coverings or visors within the classroom they will be supported to do so. Further information about the wearing of face coverings in education settings can be found [HERE](#).

3) Handwashing - Pupils will clean their hands regularly, including when they arrive at school, when they return from breaks, when they change rooms and before and after eating. Staff will wash hands as soon as possible after entering the school building. Time will be set aside to ensure adequate hand washing takes place.

4) Ensuring good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach - tissues and a bin are available in every classroom. Pupils will be encouraged to use them, and wash their hands after coughing, sneezing or blowing their nose.

5) Enhanced cleaning - our cleaners will continue to clean all areas of the school daily. In addition, cleaning of frequently touched surfaces around the school will take place mid morning. Special cleaning wipes are also available to staff to wipe down frequently touched surfaces after use such as computers, kitchen appliances or the photocopying machine.

6) Minimising contact between individuals and maintaining social distancing wherever possible.

In line with government guidance, 'we recognise that younger children will not be able to maintain social distancing and it is acceptable for them not to distance within their group' and recognise that, 'both the approaches of separating groups and maintaining distance are not 'all-or-nothing' options and will still bring benefits even if implemented partially'.

In Lower School we will continue to operate 2 main bubbles, with classes 1 to 4 together and classes 5 to 8. Measures will be taken to ensure that pupils from the different bubbles do not have contact with each other. Separate playtimes will continue to take place. In the classrooms, wherever possible pupils will have their own desk, and desks will be positioned so pupils are not sat directly opposite one another. When teachers are planning activities they will be mindful of avoiding face to face work and tasks that may encourage the children to touch or be in close proximity to one another. Older children will be encouraged to keep their distance within groups.

The Kindergartens will continue to operate as a phase bubble. In Rosebud and Elderflower kindergartens the daily rhythms will be adjusted (alternate between village walks and garden time), minimizing the sharing of the garden space. Buttercups kindergarten is separate, with their own space and garden. Measures will be taken to ensure that pupils from the different bubbles do not have contact with each other. In the classrooms, wherever possible pupils will be at a safe distance from each other at the table. When teachers are planning activities, they will be mindful of avoiding face to face work and tasks that may encourage the children to touch or be in close proximity to one another.

Staff will all aim to maintain a good distance (2m) between themselves and other colleagues. Most staff meetings will now take place onsite and will be risk assessed based on room size, ability to safely distance and ventilation. All staff and visitors must take notice of the signage around the school indicating maximum numbers per room.

Lower School: Pinetrees and Class 6 will enter the school through the main front entrance, and Rowan Tree, Class 5 and Class 7&8 will enter via the side gate. At pick up Rowan Tree and Pinetrees will be collected from the Rowan Tree side gate. Class 5-8 will wait with a designated staff member beside the tree in the carpark. Drop off and pick up times will remain the same.

Lower School drop off: 8:15-8:25am and pick up at 3pm.

Buttercups children will enter through the main school entrance. **Drop off: 8:30am and pick up at 3pm.**

All Rosebud and Elderflower Kindergarten children will continue to enter the school via the wooden gate next to the pool. Drop off and pick-up times will remain the same. **Drop off: 8:20-8:30am and pick up at 3pm.**

It is **really important that children arrive on time in the mornings**, as the main entrance is designated for buttercups parents and children to drop off and pick up, so a child arriving late to Lower School or Rosebud and Elderflower Kindergarten may be required to wait with their parent or carer outside until all Buttercups children have been dropped off before being able to enter the school. For advice on travelling to and from school, please read the following [link](#).

7) Ensuring appropriate personal protective equipment (PPE) is available for certain circumstances:

The majority of staff in education settings will not require PPE beyond what they would normally need for their work. PPE is only needed in a very small number of cases, including:

- where an individual child or young person becomes ill with coronavirus (COVID-19) symptoms while at schools, and only then if a distance of 2 metres cannot be maintained
- where a child or young person already has routine intimate care needs that involve the use of PPE, in which case the same PPE should continue to be used

We have full PPE packs prepared in various locations in the school. Gloves and masks are located in every first aid box.

8) Always keeping occupied spaces well ventilated

To balance the need for increased ventilation while maintaining a comfortable temperature, the following measures will also be used as appropriate:

- opening high level windows in preference to low level to reduce draughts
- increasing the ventilation while spaces are unoccupied (for examples, between classes, during break and lunch, when a room is unused)
- providing flexibility to allow additional, suitable indoor clothing - please ensure your child is warmly dressed for school, with warm underlayers and a good fleece or jumper
- rearranging furniture where possible to avoid direct drafts

9) Promote and engage in asymptomatic testing

Asymptomatic testing is available to all staff and secondary school pupils through the school. In addition to coronavirus testing in school, all members of households, childcare bubbles and support bubbles of primary and secondary school staff and pupils are eligible for rapid coronavirus tests in the community, even if nobody in the household has symptoms. Details of this initiative can be found [here](#), with more information on the availability of home testing kits in Cambridgeshire [HERE](#).

Note about visitors/parents on site: under the current circumstances and restrictions, parents and visitors will not be permitted to enter the school premises without an appointment (the only exception is for Buttercups parents who will pass through the main entrance during short windows of time at drop off and pick up). If you need to speak with someone at the school about anything, please email or telephone reception (reception@cambridge-steiner-school.co.uk or 01223 882727). Thank you for your understanding with this. Staff meetings with parents will generally be conducted virtually, with only essential meetings to take place on site. Any meetings need to be booked centrally and authorised by the Education Manager.

Response to infection:

As a school we will be engaging with the NHS Test and Trace process and will manage confirmed cases of Covid-19 amongst the school community to contain any outbreak by following local health protection team advice. [Close contacts](#) will first be informed and a whole school message will then follow, outlining what action we need to take as a school. Please support the school by **letting us know if your child or anyone in your household has any of the Covid-19 symptoms**, and ensuring you **inform the school immediately if your child or anyone in your household tests positive** for Covid-19. Actions to be taken should symptoms arise or a positive case be reported are outlined in the following DfE [Action List for Schools](#).